

TOWERS SQUAD SESSION TIMINGS - NOVEMBER 2016

TO OBTAIN BRONZE, SILVER OR GOLD AWARDS, SWIMMERS MUST BE WITHIN ALLOTTED TIMES, AS SHOWN

SURNAME	FORENAME	DOB	F/C 25m	F/C 50m	F/C 100m	B/C 25m	B/C 50m	B/S 25m	B/S 50m	FLY 25m	FLY 50m
			BRONZE 0.21.00	BRONZE 0.47.00	BRONZE 1.44.30	BRONZE 0.24.70	BRONZE 0.54.40	BRONZE 0.27.20	BRONZE 1.00.40	BRONZE 0.23.20	BRONZE 0.52.40
			SILVER 0.18.30	SILVER 0.41.00	SILVER 1.31.00	SILVER 0.21.50	SILVER 0.47.50	SILVER 0.23.80	SILVER 0.52.70	SILVER 0.20.30	SILVER 0.45.70
			GOLD 0.16.70	GOLD 0.37.20	GOLD 1.22.80	GOLD 0.19.60	GOLD 0.43.00	GOLD 0.21.70	GOLD 0.48.00	GOLD 0.18.50	GOLD 0.41.50

Freshwater	Oliver			37.00			45.00		52.00		58.00**
Freshwater	Lola			47.00			1.00		1.06		1.04
Mallett	Cameron			55.00			1.00**		1.18		1.12
Nevitt	Elodie										
Peirce	Sam			42.00					52.00		
Peirce	Michael			46.00					1.00		
Postle	James										
Pounds	Joshua			56.00			1.01		1.16		1.22
Rogers	Nina			44.00			55.00		1.05		1.06
Rogers	Adam			37.00			46.00		48.00		46.00
White	Mimi			40.00			57.00		50.00		1.02 hockey

**
 Oliver Freshwater f/c kick on fly stroke
 Cameron Mallett b/s screw kick